

Stretchy Putty

Sensory Recipe



You will need:

- 1 cup cornflour
- 1 cup plain, natural yoghurt (alternatively, you may like to use a flavoured yoghurt)
- Large mixing bowl and spoon
- Measuring cups
- Large tub or tray
- Optional - food colouring

Method

1. Put the yoghurt into a large mixing bowl. If you would like to create coloured putty, then add a few drops of your chosen food colouring to the yoghurt and mix together with a spoon.
2. Next, mix in the cornflour, adding a bit at a time and stirring the mixture until it has a smooth and firm consistency.
3. Place the putty on a work surface and knead until it no longer feels sticky. If it does feel sticky, add a little more cornflour and knead it into the putty. However, if it feels too dry, add a little bit more yoghurt.
4. Place the Stretchy Putty in a large tub or on a large tray.
5. The Stretchy Putty is now ready for learners to discover, manipulate and play with.

This recipe is intended to be used as soon as it has been made and not stored for future use.



Disclaimer: This resource is provided for informational and educational purposes only. As this resource refers to sensory activities, sometimes including food items/ingredients, supervising adults should check for allergens and assess any potential risks before the activity and only proceed if it is safe to do so, for example, even the shallowest amount of water can be extremely dangerous. Raw flour, like other raw products, may contain harmful bacteria. Heat treating the raw flour may make it safer in the event of accidental consumption; however, this is not guaranteed. Learners should wash their hands before and after these activities. This resource is not taste-safe. You must contact a suitably qualified professional if you are unsure. Twinkl is not responsible for the health and safety of your group or environment. Please be aware that learners should be supervised at all times due to potential hazards with handling and exploring sensory objects, particularly young or vulnerable learners.